

## Recreation Center

Visit [www.SaratogaRec.com](http://www.SaratogaRec.com) to view the Recreation Center's monthly schedule. The Rec. Center's 4 courts can convert to pickleball, basketball, volleyball, and other courts.

### FREE Open Gym and Game Room

**Times:** Check Website for monthly schedule.

### Pickleball– See Page 3

### Racquetball

**Times:** 1hr blocks

**Fees:** C \$5, S \$10, N \$10, Senior C \$3,  
Senior S \$8, Senior N \$8 (per player)



### Birthday Parties at the Saratoga Rec Center

Parties can be scheduled year round, call early to secure specific locations and times

- Can include MP Room, Game Room, Gym Time, and/or Kitchen
- Check out our Party Packages and Themes!  
10 Person party: City Res. \$100, Non City Res. \$125  
11-20 person party: City Res. \$150, Non City Res. \$175  
Choose from Basketball, Football, and Soccer themes

### Birthday Parties at the Ice Rinks

Parties are held during: Family Skate and Open Public

- Please Bring: Your own food, drink, and decorations.
- The Ice Rink staff will set up a table for you in the lobby or locker room.
- Party cost includes price to skate and skate rentals

## Recreation Facilities

**Saratoga Springs Recreation Center**.....15 Vanderbilt Ave  
Multi-Purpose Room, Game Room, Racquetball Court, Multi-Purpose Gymnasium, Playground,  
Interactive Spray Fountain

**East Side Recreation Park**.....226 Lake Ave  
Playgrounds, Interactive Spray Fountain, 3 Basketball Courts, 6 Tennis Courts,  
Handball Court, Skate Park, 1 Football Field, 6 Baseball Fields, Paved Track

**West Side Recreation Park**.....166 Division St  
Playground, Interactive Spray Fountain, 3 Tennis Courts, 2 Basketball Courts, 3 Baseball Fields

**North Side Recreation Park**.....5 Clement Ave  
Playground, 2 Lacrosse/Soccer Field

**Veterans Memorial Park**.....10 Adams Rd  
Playground, Interactive Spray Fountain, Baseball Field, 4 Softball Fields, 2 Basketball Courts,  
4 Tennis Courts, Jogging Path

**East Side Skate Park**.....226 Lake Ave  
Ramps, Rails, 1/4 Pipe, Half-Pipe

**Geyser Crest Courts**.....26 Hathorn Blvd  
2 Basketball Courts

**Vernon Arena Ice Rink**.....30 Weibel Ave  
Regulation Sized Rink, Seats 500

**Weibel Avenue Ice Rink**.....30 Weibel Ave  
Olympic Sized Rink, Seats 1500

**Waterfront Park**.....622-630 Crescent Ave  
Picnic Area, Fishing, Non-Motorized Boat Launch

# Saratoga Springs Rec Department

## 2015 Spring and Summer Program Brochure



### Rec. Center Regular Hours

Monday - Friday.....8am-9pm  
Saturday.....8am-8pm  
Sunday.....11am-7pm

### Rec. Center Summer Hours

Monday - Friday.....8am-8pm  
Saturday 11:30am-5pm  
Summer hours: May 26— October 11

*Closed Holidays: April 5, May 25, July 4, September 7*

*Holiday Hours 11-7pm: January 19 and February 16*

### 2015 Registration Dates

<b>Spring Programs:</b>	Feb 2—Mar 29	<b>Fall Soccer:</b>	June 1—Aug 9
<b>Camp Saradac City:</b>	Mar 2—May 17	<b>Fall Programs &amp;</b>	
<b>Camp Saradac All:</b>	Mar 16—May 17	<b>Basketball:</b>	Aug 10—Oct 4
<b>Summer Programs:</b>	Apr 13—Jun 21	<b>Winter Programs:</b>	Nov 2—Jan 3

15 Vanderbilt Ave, Saratoga Springs, 12866 518-587-3550 x2300  
[www.SaratogaRec.com](http://www.SaratogaRec.com) [recreservations@saratoga-springs.org](mailto:recreservations@saratoga-springs.org)

C=City Resident, S=School District Resident, N=Non School District Resident  
To Register: Visit Rec Center or Mail forms to 15 Vanderbilt Ave

## Registration Info

Early Bird Special!  
Register Early to Save!  
Prices will increase.

- Registrations are accepted in person at the Rec. Center. Be sure you are selecting the proper program and residency status before completing the registration. Cash or Checks only. No Credit Cards.
- Please choose wisely when registering. No refunds or credits will be given unless the Recreation Department cancels or changes a program.
- All programs have min/max enrollments and registration will be accepted on a first come, first served basis. Fees must be paid in full when registering. The Rec. Department may cancel classes or adjust program schedules without notice when necessary.
- Early bird discount expires at the end of the registration period. Programs are listed with a \$25 early bird discount. After the early bird discount expires the program will be an additional \$25 on the discounted rate.



## Spring Soccer



### Youth Soccer Leagues

**Little Kickers:** Pre-K Sat or Sun  
**Big Kickers:** Grade K Sat or Sun  
**Grade:** 1-2 Tue & Sat or Sun  
**Grade:** 3-4 Tue & Sat or Sun  
**Grade:** 5-6 Wed & Sat or Sun  
**Grade:** 7-12 T/W/Th & Sat or Sun  
**Dates:** April 25—June 20  
**Times:** Wk 5:30-7:30pm/ Wkend 9-1pm  
**Location:** The Saratoga Casino and Raceway (342 Jefferson St.)  
**Fees:**  
**Kickers** C \$60, S \$85, N \$110  
**Grades 1-12** C \$75, S \$100, N \$125  
 Add child C \$60, S \$85, N \$110

Our soccer program is separated into multiple divisions to ensure players develop appropriately. The Kickers programs play 1 time per week, on the weekend. All other divisions play once during the week and once on the weekend. Divisions and schedules may change depending on registrations.

*Tee Shirt Included*  
 Need Water, sneakers/cleats, shin guards  
**Weekend Dates Gr. 1-12:** Sat 4/25, 5/9, 5/30, 6/13, 6/20. Sun 5/3, 5/17, 6/7  
**Weekend Dates Little/Big Kickers:** Sat 4/25, 5/9, 6/20. Mon 6/15  
 Sun 5/3, 5/17, 5/31, 6/7  
 No Games Sat/Sun Memorial day weekend.  
**Coordinator:** Jeff Geller, SSHS Soccer Coach  
**Kickers Coord:** Stephanie Geller, SSHS Soccer coach

**2 Volunteer Coaches per team are needed.**  
**Registration Fee is \$25 per registered child.**

## Summer Programs



### Flag Football \*New\*

**Co-Sponsored w/Saratoga Pop Warner**  
**Ages:** 5-10 yrs old  
**Dates:** July 8—Aug 2  
**Days:** Wednesdays and Sundays  
**Times:** 6:00-7:00pm  
**Location:** East Side Recreation  
**Fees:** C \$50, S \$50, N \$70

Join our first recreation flag football program. Players will be divided into 3 age groups: 5/6, 7/8, 9/10. Practices will be Wed and games will be on Sun. Games are 2 20 minute halves. Need water, sneakers/cleats

**Coordinator:** Chris Martin, SS Pop Warner



**Zumba Fitness See Page 3**

## Ice Rink Information

Visit [www.SaratogaRec.com](http://www.SaratogaRec.com) to view the Open Public monthly schedules.

**Ice Skating Lessons— see page 6**

**Birthday Parties Available— Call Us**

**Open: Public and Family Skate**

**Fees:** City \$4, Sr. City \$3, 5 & under skate Free  
 Non-city \$ \$5, Senior Non City \$4  
 Skate Rentals \$4, Sharpening \$4

**Open Adult Hockey and Stick**

**Fees:** City \$10, Senior City \$8, Coaches \$5  
 Non-city \$ \$12, Senior Non City \$10

**Open Figure Skating**

**Fees:** City \$12, Senior City \$10, Coaches \$5  
 Non-city \$ \$14, Senior Non City \$12  
*Punch Cards are available for discounted rates.*

## Camp Saradac \*New Ages\*

### Registration Dates

**City Residents:** Mar 2 - May 17

**All Residents:** Mar 16 - May 17

### Camp Dates

June 29—August 14 Closed July 3rd

### Camp Hours

**Regular:** 9:00am— 4:30pm  
**Drop off:** 8:45am— 9:00am  
**Pickup:** 4:30pm— 4:45pm  
**Before Care:** 7:30am— 9:00am  
**After Care:** 4:30pm— 6:00pm

### Camp Cost

	City	Non City
Weekly	\$ 170	\$ 235
Full 7 Wks	\$ 695	\$ 950
Before Care Wkly	\$ 30	\$ 40
After Care Wkly	\$ 30	\$ 40

*Limited scholarships are available and will be awarded on a first come, first serve basis*

**Camp Saradac**  
 at the Recreation Center is a summer Day Camp for children ages



5-15. Camp Saradac offers exciting new field trips, creative recreational and educational programs, arts & crafts, and weekly visits to the Peerless Pool. Camp activities are designed to promote fun and fitness while providing opportunities to grow!

## Summer Programs



### Summer Basketball League

**Grades:** 4th—8th

**Dates:** July 7—August 13

**Days/Times:** Tue & Thu, 6:00-7:30pm

**Location:** Recreation Center

**Fees:** C \$75, S \$75, N \$95

A pick-up style league that is split into drills and scrimmages each session. The drills will help develop skills and scrimmages will reinforce them. *Jersey Included*

**Coordinator:** Recreation Staff



### Summer Basketball League

**Grades:** 9th—12th

**Dates:** July 10—August 14

**Days/Times:** Fridays, 6:00-7:30pm

**Location:** Recreation Center

**Fees:** C \$50, S \$50, N \$70

The 9th-12th grade division will consist of only pick-up style games. New teams will be picked each night. *Jersey Included*

**Coordinator:** Recreation Staff



### Intro to Ice Skating

**Ages:** 3 and up (Adults included)

**Dates:** Jul 7—Aug 18th (also 7/9)

**Days/Times:** Tues, 5-6:30pm (also 7/9)

**Location:** Saratoga Springs Ice Rink

**Fees:** C \$50, S \$70, N \$70

An 8 session program to learn how to skate.

Each class will consist of 1/2 hr instruction and 1/2 hr practice. *Helmet Required*

**Skate Rentals available for \$25 or \$4/class**

**Coordinator:** Jill Ramos



### Track Program

**Ages:** All

**Dates:** July 2—Aug 6

**Days/Times:** Thursdays, 6:30-8:00pm

**Location:** East Side Recreation

**Fees:** FREE

Join Tom Reilly this summer and develop new techniques to become a better runner and learn about events in track and field.

*Need water and running shoes*

**Coordinator:** Tom Reilly



### Running Program

**Ages:** All Ages and 11yrs and older

**Dates:** June 29—August 16

**Days/Times:** All Ages: M/W at 6pm

11yrs+ ages: T/Th/F/S/S at 10am

**Location:** Spa State Park (little theater)

**Fees:** FREE

Run through the State Park this summer with Art and Linda Kranick! All Ages including families are welcome Mon and Wed. Classes for ages 11yrs or older are held Tu/Th/Fr/Sa/Su.

*Need water and running shoes*

**Coordinator:** Art and Linda Kranick



### Skating for Groms

**Ages:** 4-8 yrs old

**Dates:** July 6—August 10

**Days/Times:** Mondays, 5:00-6:00pm

**Location:** East Side Recreation

**Fees:** C \$50, S \$50, N \$70

An introduction to skateboarding for children. Start developing fundamentals that will help your child be a safe and successful skateboarder. *Need water, helmet, pads, board*

**Coordinator:** Benj Gleeksman



### Sandlot Baseball \*New\*

**Co-Sponsored w/Saratoga Babe Ruth**

**Ages:** 14-16 yrs old

**Dates:** July 13—Aug 7

**Days:** Mondays and Thursdays

**Times:** 5:30-8:00pm

**Location:** East & West Side Recreation

**Fees:** C \$50, S \$50, N \$70

Join our non competitive, fun baseball program for those looking to play after their spring season. Each team will play twice a week and games will have no umpires.

*Need water, cleats, baseball glove* 6

**Coordinator:** Saratoga/Wilton Babe Ruth

## Spring Programs



### Tiny T-Ball

**Ages:** 3-4yrs and 4-5yrs

**Dates:** March 4—April 8

**Times:** 3-4yrs Wed 4:00-4:30pm

4-5yrs Wed 4:30-5:15pm

**Location:** Recreation Center

**Fees:** C \$50, S \$50, N \$70

The clinic will be separated into a 3-4yr old and 4-5yr old division. The divisions are based on age and experience of the player. Participants will learn basic hitting, fielding, throwing, and base running skills. *Tee Shirt Included*

**Coordinator:** Rec Staff



### Volleyball Clinic

**Age:** 8-14yrs

**Dates:** Wednesdays, March 4—April 8

**Times:** 6:00pm-8:00pm

**Location:** Saratoga Rec Center

**Fees:** C \$50, SD \$50, NSD \$70

The Volleyball Clinic will be for interested youths who wish to learn the rules and skills required to be a successful volleyball player.

*Tee Shirt Included*

**Coordinator:** Willie Davis & Keith Griffin



### Vacation Club \*NEW\*

**Grades:** K-6

**Times:** 9:00-12:00pm

**Dates:** February 17-20

**Feb Fees:** C \$60, S \$60, N \$75

**Dates:** April 6-10

**April Fees:** C \$70, S \$70, N \$90

**Location:** Recreation Center

Come play different sports and gym games in a fun and supportive environment. Activities may include: Soccer, basketball, floor hockey, capture the flag, kickball, volleyball, arts & crafts, quiet time, playground, relay races, circle games and more.

**Coordinator:** Recreation Staff

**Registration is very limited and a late fee will be assessed to any registration within 3 weeks of the first day of the program.**



### Pickleball

**Ages:** All

**Dates:** September—May

**Times:** Advanced M/Tu 12-2p, Th 9-11a

Regular M/W/F 9-11a, (Su 11-1p varies)

**Location:** Rec Center

**Fees:** C \$3, S \$4, N \$4

Pickleball is great exercise and even better socialization. The program is open to all but we do offer time for advanced players to play. Check our monthly calendar for available Sundays.

**Coordinator:** Open Program, No Coordinator



### Zumba Kids and Zumba Fitness

**Kids Ages:** 7-11yrs

**Kids Dates:** April 29— June 17

**Kids Times:** Wednesdays, 5:00— 5:45p

**Fit Ages:** 16+

**Fit Dates:** Session 1 March 4—April 22

Session 2 April 29— June 17

\*Summer June 24— July 29

**Fit Times:** Wednesdays, 6:00- 7:00pm

**Location:** Recreation Center

**Fees:** Session C \$44, SD \$60, NSD \$76

**Drop In:** C \$6, S \$8, N \$10

\*No Drop in price for Zumba Kids—Min. 8

Zumba® Kids classes feature kid-friendly routines based on original Zumba® choreography. We break down the steps, add games, activities and cultural exploration elements into the class.

Zumba® Fitness classes are often called exercise in disguise. We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party.

**Instructor:** Janine Hawthorne

# Summer Youth Clinics

Early Bird Special!  
Register Early to Save!  
Prices will increase.

**Clinic Fees: C \$70, S \$70, N \$90 includes tee shirt \***



## Boys Basketball Clinic

**Ages:** 7-13 yrs old

**Dates:** Session 1 July 6—July 10

Session 2 Aug 10— Aug 14

**Times:** 8:30-11:30am

**Location:** East Side Recreation Park

Learn the fundamentals and develop the skills necessary to be a successful basketball player.

Drills and scrimmages will be utilized.

Need water and sneakers

**Coordinator:** Tony Devizzio



## Girls Basketball Clinic

**Ages:** 7-13 yrs old

**Dates:** July 13—July 17

**Times:** 8:30-11:30am

**Location:** East Side Recreation Park

Drills and scrimmages will be used to help teach the fundamentals of basketball.

Need water and sneakers

**Coordinator:** Tony Devizzio



## Volleyball Clinic

**Ages:** 8-14 yrs old

**Dates:** July 20—July 24

**Times:** 5:30pm-8:00pm

**Location:** Recreation Center

The Volleyball Clinic will help to develop skills and learn the rules and strategies of volleyball.

Need water and sneakers

**Coordinator:** Willie Davis and Keith Griffin



## Am. Legion Baseball Clinic

**Co-Sponsored w/Recreation Dept.**

**Ages:** 5-14 yrs old

**Dates:** June 29—July 3

**Times:** 8:30am-11:30am

**Location:** East Side Recreation Park

Join the Saratoga Rec Dept and American Legion Baseball for our co-sponsored clinic.

Learn the sport alongside Legion Players!

Need water, sneakers/cleats, Glove

**Coordinator:** Paul Mound, Saratoga Stampede, Head Coach Union College



## Field Hockey Clinic

**Ages:** 8-14 yrs old

**Dates:** July 13—July 17

**Times:** 5:30pm - 8:00pm

**Location:** Recreation Center Field

This clinic will introduce participants to the game as well as develop the skills needed to be a successful field hockey player.

Need stick, water, shin guards, mouth guard

**Coordinator:** Christine Taber



## Tennis Clinic

**Ages:** 6—12 yrs old

**Dates:** July 27—July 31

**Times:** 6—7yrs 9:00am — 10:00am

8—10yrs 10:00am — 11:00am

10—12yrs 11:00am — 12:00am

Develop skills and work on fundamentals to become a better tennis player. Register in specific age brackets to help facilitate drills and play levels.

Need racquet, water, and sneakers

**Coordinator:** John Capozzola

# Summer Youth Clinics

**Clinic Fees: C \$70, S \$70, N \$90 includes tee shirt\***



## Girls Lacrosse Clinic

**Ages:** 8-14 yrs old

**Dates:** August 3—August 7

**Times:** 5:30pm-8:00pm

**Location:** North Side Park

The Girls Lacrosse Clinic will help introduce as well as develop the skills and fundamentals needed to be a better lacrosse player.

Need stick, goggles, mouth guard, water, sneakers/cleats

**Coordinator:** TBA



## Boys Lacrosse Clinic

**Ages:** 8-14 yrs old

**Dates:** August 3—August 7

**Times:** 5:30pm-8:00pm

**Location:** North Side Park

Work on skills and develop fundamentals through the use of drills and scrimmages.

Need stick, mouth guards, water, sneakers/cleats

**Coordinator:** Ben Sugarman



## Soccer Clinic

**Ages:** 4-12 yrs old

**Dates:** Session 1 August 3—August 7

Session 2 August 10—August 14

**Times:** 8:45am-11:45am

**Location:** Veterans Mem Park (Geyser)

Get ready for the upcoming Fall Soccer program by developing skills and fundamentals that will help you be a better soccer player.

Need shin pads, water, sneaker/cleats

**Coordinator:** Stephanie Geller



## Cheerleading Clinic

**Grades:** 5-13 yrs old

**Dates:** July 20—July 24

**Times:** 8:30am-11:30am

**Location:** Recreation Center

Like to Cheer? Want to learn how? Join the Saratoga Rec Dept for our Cheerleading Clinic and learn the fundamentals of cheering.

Need water and sneakers

**Coordinator:** Danielle Jourdan



## Skate Park Clinic

**Ages:** 5-13 yrs old

**Dates:** August 17—August 21

**Times:** 5:30pm-8:00pm

**Location:** East Side Recreation

Like to skateboard? Join the Saratoga Rec Dept and learn tricks and tips to become a better skateboarder.

Need water, helmet, pads, board

**Coordinator:** Chris Wildy



## Softball Clinic

**Ages:** 6-15 yrs old

**Dates:** August 17—August 21

**Times:** 8:30am-11:30am

**Location:** Veterans Mem. Park (Geyser)

Focusing on the fundamentals of Softball, this clinic will use drills to help develop the skills necessary to be a successful softball player.

Need water, sneaker/cleats, glove

**Coordinator:** Tony Devizzio